



THE LAND OF COMMON SENSE

A Newsletter from the Community Farm at Donington-on-Bain



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A Very Happy Harvest

Photos provided by Pam

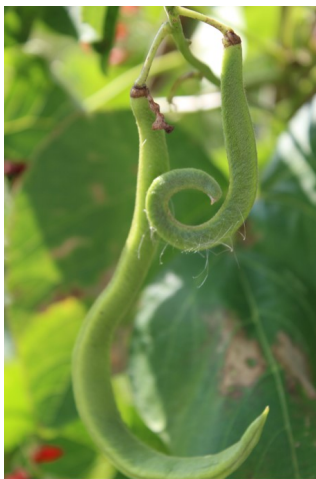
The Community Farm was well represented by both its fresh, colourful produce and its happy volunteers, at Stenigot's Harvest Festival on Sunday 26th September.

Our Pam stood in to take the service at St Nicholas' and Cilla blessed the produce. Its many a year since some of us sang "We Plough The Fields and Scatter" (memories of not being able to hit those



high notes flooding back!). But we had three hymns thanks to having an organist plus

harvest readings. Thanks to those who carried the produce and decorated the church. It was a lovely few moments on a sunny warm September afternoon..



The beans were blessed



...in the next newsletter...
Recipes recipes recipes
Please send in yours!



Evenings drawing in but punters keep coming

"My Dad is 82 and lives in the village. He came all the time last year—this field kept him going through the winter..."

Great feedback from one visitor to the last week.

If people stop while we are laying out the produce its great to hear how they are getting involved. It would also be interesting to learn how they first heard about the farm.





Quiz

This is one of the most beautiful sights in the Lincolnshire Wolds. But where is it?

SUGGESTIONS BOX

- School half-term is a good time to clear out the polytunnels. Come and join the action on Tuesday 26th October. Its likely to be an all-dayer so come when you can, leave when you need to.
- What would people like to grow next year? Or do you have seed you want to try in the field? Send an email—we'll publish the *wishlist* in the next newsletter. We will purchase what we can.
- This bullet is for your suggestion...

Rota

Please check the rota. Is it still valid?

Send changes to doncomfarm@gmail.com

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Refresh stall	Andrew	Pam/Sal	Jo	Rach	Rach	Lee	Jackie & everyone!
Water poly-tunnels	Sal/Pam	Sal/Pam	Lee	-	-	Jackie	-
Hens	Pam	Pam	Pam	Pam	Pam	Pam	Pam



Where has the compost toilet gone??

Free use for one year for anyone with any information!



Harriet's been watching the news...

Community gardens are in—and The Guardian wants to know how we do it!

Tell us: have you started a community garden?

As community gardens become increasingly popular, we would like to hear from those involved in these projects



▲ Gardeners chatting at the Golden Hill Community Garden in Bristol UK. Photograph: Adrian Sherratt/Alamy
Community gardens, where volunteers gather to garden a private or public piece of land together, are becoming increasingly common in the UK. With this in mind, we would like to hear from those involved in these projects. Have you started a community garden recently? Why did you decide to join the effort? Tell us all about it below.

Without blowing our own horn—didn't we know this already?

(Bit concerned about the photo though—maybe the Community Farm needs an outreach programme...)

Five a day: UK children with healthy diet have best mental health

Study prompts experts to call for nutrition to be included in public health strategies



▲ Data from 9,000 children in 50 primary and secondary schools was analysed. Photograph: Nick Sinclair/Alamy
Children who eat five or more portions of fruit and vegetables a day have the

WE'RE A PROJECT IN THE MAKING—COME AND CREATE THE FUTURE WITH US

You'll find us on the edge of Donington-on-Bain About 6 miles from Louth Doncomfarm@gmail.com